



Our Lady Undoer of Knots Novena

Opening Prayer

In the name of the Father, and of the Son, and of the Holy Spirit. Amen.

Pray the Apostles' Creed:

"I believe in God, the Father Almighty, Creator of heaven and earth; and in Jesus Christ, His only Son, our Lord; who was conceived by the Holy Spirit, born of the Virgin Mary, suffered under Pontius Pilate, was crucified, died and was buried; He descended into hell; on the third day, He rose again from the dead; He ascended into heaven, and is seated at the right hand of God the Father Almighty; from there He will come to judge the living and the dead.

I believe in the Holy Spirit, the Holy Catholic Church, the communion of saints, the forgiveness of sins, the resurrection of the body, and life everlasting. Amen."

First Knot: The Knot of Discord in My Family

Colossians 3:12-15

"Put on therefore, as the elect of God, holy and beloved, bowels of mercy, kindness, humbleness of mind, meekness, longsuffering; forbearing one another, and forgiving one another, if any man have a quarrel against any: even as Christ forgave you, so also do ye. And above all these things put on charity, which is the bond of perfectness. And let the peace of God rule in your hearts, to the which also ye are called in one body; and be ye thankful."

- Our Father
- 3 Hail Mary
- Glory Be

Virgin Mary, Undoer of Knots, pray for us.



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Second Knot: The Knot of Injustice in My Life

Romans 12:19-21

"Dearly beloved, avenge not yourselves, but rather give place unto wrath: for it is written, Vengeance is mine; I will repay, saith the Lord. Therefore if thine enemy hunger, feed him; if he thirst, give him drink: for in so doing thou shalt heap coals of fire on his head. Be not overcome of evil, but overcome evil with good."

- Our Father
- 3 Hail Mary
- Glory Be

Virgin Mary, Undoer of Knots, pray for us.

Third Knot: The Knot of Difficult Relationships

Matthew 5:23-24

"Therefore if thou bring thy gift to the altar, and there rememberest that thy brother hath ought against thee; Leave there thy gift before the altar, and go thy way; first be reconciled to thy brother, and then come and offer thy gift."

- Our Father
- 3 Hail Mary
- Glory Be

Virgin Mary, Undoer of Knots, pray for us.



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Fourth Knot: The Knot of Resentment and Lack of Forgiveness

Ephesians 4:31-32

"Let all bitterness, and wrath, and anger, and clamour, and evil speaking, be put away from you, with all malice: And be ye kind one to another, tenderhearted, forgiving one another, even as God for Christ's sake hath forgiven you."

- Our Father
- 3 Hail Mary
- Glory Be

Virgin Mary, Undoer of Knots, pray for us.

Fifth Knot: The Knot of Fear and Anxiety

Philippians 4:6-7

"Be careful for nothing; but in every thing by prayer and supplication with thanksgiving let your requests be made known unto God. And the peace of God, which passeth all understanding, shall keep your hearts and minds through Christ Jesus."

- Our Father
- 3 Hail Mary
- Glory Be

Virgin Mary, Undoer of Knots, pray for us.

Sixth Knot: The Knot of Sorrow and Sadness

"The Lord is nigh unto them that are of a broken heart; and saveth such as be of a contrite spirit. Many are the afflictions of the righteous: but the Lord delivereth him out of them all."

- Our Father
- 3 Hail Mary



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- Glory Be

Virgin Mary, Undoer of Knots, pray for us.

Seventh Knot: The Knot of Addiction or Sin

Romans 6:12-14

"Let not sin therefore reign in your mortal body, that ye should obey it in the lusts thereof. Neither yield ye your members as instruments of unrighteousness unto sin: but yield yourselves unto God, as those that are alive from the dead, and your members as instruments of righteousness unto God. For sin shall not have dominion over you: for ye are not under the law, but under grace."

- Our Father
- 3 Hail Mary
- Glory Be

Virgin Mary, Undoer of Knots, pray for us.

Prayer - Memorare:

"Remember, O most gracious Virgin Mary, that never was it known that anyone who fled to thy protection, implored thy help, or sought thy intercession, was left unaided.

Inspired by this confidence, I fly unto thee, O Virgin of virgins, my Mother; to thee do I come, before thee I stand, sinful and sorrowful.

O Mother of the Word Incarnate, despise not my petitions, but in thy mercy, hear and answer me. Amen."

Closing Prayer:

Mary, Undoer of Knots, pray for me.

I entrust into your hands the knots in my life and ask you to untangle them for the glory of God. Amen."

In the name of the Father, and of the Son, and of the Holy Spirit. Amen.



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Litany of Our Lady, Undoer of Knots

Lord, have mercy on us.
Christ, have mercy on us.
Lord, have mercy on us.

Christ, hear us.
Christ, graciously hear us.

God the Father of Heaven,
Have mercy on us.

God the Son, Redeemer of the world,
Have mercy on us.

God the Holy Spirit,
Have mercy on us.

Holy Trinity, One God,
Have mercy on us.

Holy Mary,
Pray for us.

Holy Mother of God,
Pray for us.

Holy Virgin, Undoer of Knots,
Pray for us.

Mother of Divine Grace,
Pray for us.

Mother Most Pure,
Pray for us.



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Mother Most Chaste,
Pray for us.

Mother Undeclared,
Pray for us.

Mother Most Amiable,
Pray for us.

Mother of Mercy,
Pray for us.

Virgin Most Powerful,
Pray for us.

Virgin Most Faithful,
Pray for us.

Virgin, Undoer of Knots,
Pray for us.

Queen of Angels,
Pray for us.

Queen of All Saints,
Pray for us.

Queen of the Most Holy Rosary,
Pray for us.

Mary, Undoer of Knots, who untangles the knots of our hearts,
Pray for us.

Mary, Undoer of Knots, who frees us from the knots of confusion and doubt,
Pray for us.



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Mary, Undoer of Knots, who dissolves the knots of discord and division,
Pray for us.

Mary, Undoer of Knots, who heals the knots of emotional wounds,
Pray for us.

Mary, Undoer of Knots, who removes the knots of sin in our lives,
Pray for us.

Mary, Undoer of Knots, who brings peace to our troubled hearts,
Pray for us.

Mary, Undoer of Knots, who leads us to freedom in Christ,
Pray for us.

Mary, Undoer of Knots, who brings clarity to the tangled paths of life,
Pray for us.

Mary, Undoer of Knots, who strengthens us in moments of temptation,
Pray for us.

Mary, Undoer of Knots, who opens our hearts to the grace of God,
Pray for us.

Mary, Undoer of Knots, who gives hope to the despairing,
Pray for us.

Mary, Undoer of Knots, who intercedes for us at the hour of death,
Pray for us.

Lamb of God, who takes away the sins of the world,
Spare us, O Lord.

Lamb of God, who takes away the sins of the world,
Graciously hear us, O Lord.

Lamb of God, who takes away the sins of the world,



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Have mercy on us.

Let us pray:

O Virgin Mary, Mother who never refuses to come to the aid of your children in need, Mother whose hands never cease to work for your beloved children because they are moved by the divine love and immense mercy that exists in your heart, cast your compassionate eyes upon us and see the snarl of knots that exists in our lives. You know very well how desperate we are, our pain, and how we are bound by these knots.

Mary, Mother to whom all hearts turn in times of trouble, intercede for us with your loving care. Untangle the knots that bind us, and lead us to your Son, Jesus, who is the way, the truth, and the life. Help us to trust in God's will and find peace in His grace. Amen.

Story of Our Lady Undoer of Knots

The devotion to Our Lady, Undoer of Knots (or Mary, Untier of Knots) has grown in popularity worldwide. This Marian devotion offers a powerful image of the Blessed Virgin Mary untying the complex and tangled knots of our lives knots of sin, confusion, sorrow, or difficulty. The story of this devotion, its theological significance, and its growth over the centuries is rich in both history and symbolism. Below is a comprehensive exploration of the devotion to Our Lady, Undoer of Knots.

1. Origins of the Devotion

The devotion to Mary as the "Undoer of Knots" dates back to the 17th century in Augsburg, Germany. Its story is tied to the family life of a nobleman named Wolfgang Langenmantel. According to tradition, Wolfgang and his wife, Sophie, were experiencing serious marital difficulties. After four years of conflict, Wolfgang sought help from Father Jakob Rem, a Jesuit priest known for his deep devotion to the Blessed Virgin Mary.



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During one of their sessions, Father Rem prayed before an image of the Virgin Mary, asking her to intercede for the troubled marriage. As part of his prayer, he took a ribbon used during the couple's wedding ceremony and slowly untied the knots that had formed in it, representing the complications and difficulties in their relationship. As the knots were untied, their relationship was healed and restored, and their marriage found peace once again.

This act of untying knots, done through Mary's intercession, became a metaphor for her role in undoing the knots of sin, confusion, and hardship in human life. The Langenmantel family was so grateful that Wolfgang commissioned a painting of this miraculous event.

2. The Original Painting of Our Lady, Undoer of Knots



The original Baroque painting of "Our Lady, Undoer of Knots" (Maria Knotenlöserin) was created in 1700 by the artist Johann Georg Melchior Schmidtner. The painting was commissioned by Wolfgang's grandson and placed in the St. Peter am Perlach Church in Augsburg, Germany, where it still hangs today. The painting itself is deeply symbolic:

Mary is depicted holding a long, white ribbon in her hands. She is gently untying the knots, symbolizing her role as the one who undoes the difficulties and entanglements of life.



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Angels surround her, some assisting her in holding the ribbon, while others kneel in awe of her grace and power.

The Holy Spirit, in the form of a dove, hovers above her head, indicating her special relationship with the Trinity.

A serpent is seen beneath her feet, which symbolizes Satan, whom Mary crushes as the Immaculate Conception (in fulfillment of the prophecy of Genesis 3:15).

A man and a dog appear at the bottom of the painting, walking along a path. This is often interpreted as an allusion to the journey of life, with the dog representing loyalty or companionship.

3. Symbolism in the Devotion

The image of Mary untying knots has profound theological and spiritual meaning for Catholics. It draws upon several themes central to Marian devotion:

The New Eve: According to early Church Fathers like St. Irenaeus of Lyons, Mary is seen as the "New Eve" who undoes the knot of disobedience tied by Eve. Just as Eve, by her disobedience, brought sin into the world, Mary, by her obedience to God, brought salvation. As the new Eve, Mary undoes the knots that sin has brought into human life.

Mediatrice and Advocate: Mary is honored in the Church as the Mediatrice of all graces and Advocate for humanity. Her role as "Undoer of Knots" emphasizes her intercessory power, acting as a channel through which the grace of God flows into the lives of the faithful to untangle the knots of their spiritual and temporal problems.

Human Struggles: The knots in the ribbon represent all the struggles, difficulties, and sins that people experience in life. These may include conflicts in relationships, personal vices, emotional or spiritual struggles, or even larger societal problems. The devotion to Our Lady, Undoer of Knots, reflects the belief that Mary, through her maternal intercession, can help untangle these problems and bring peace and resolution.



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4. The Spread of the Devotion

While the devotion remained largely localized to Germany for over two centuries, it began to spread worldwide in the late 20th century.

Today, it is especially popular in Latin America, the Philippines, and parts of the United States.

5. The Novena to Our Lady, Undoer of Knots

A central practice in the devotion to Our Lady, Undoer of Knots, is the novena prayer. There is also a nine-day prayer is offered to ask for Mary's intercession in untying a specific knot in one's life. Each day of the novena typically includes prayers, a reflection, and the recitation of the Rosary or specific Marian prayers. Many who pray this novena report feeling a sense of peace and comfort, trusting that Mary will help resolve their difficulties.

6. Theology Behind the Devotion

Theologically, the devotion highlights several key aspects of Catholic Marian doctrine:

Mary as the Immaculate Conception: As the one who was conceived without sin, Mary is in a unique position to help free us from the effects of sin. She is the "woman" of Genesis 3:15, whose offspring will crush the head of the serpent.

Mary's Maternal Role: As the Mother of the Church, Mary plays an ongoing role in the lives of the faithful, guiding them toward her Son. Her intercessory power is emphasized in the devotion, as she brings our problems to Jesus and helps us untangle them through His grace.

Trust in Divine Providence: The devotion fosters a deep trust in God's providence. By asking Mary to undo the knots in our lives, we are acknowledging our need for divine assistance and placing our lives in God's hands through Mary's intercession.

The devotion to Our Lady, Undoer of Knots continues to inspire and console countless Catholics worldwide. It is a beautiful reminder of Mary's powerful intercession, her maternal care, and her ability to help us overcome the struggles and sins that bind us. Through her, the faithful are encouraged to bring their "knots" to God with trust and humility, knowing that, as with the knot of original sin, Mary can untie all the knots in our lives through her Son, Jesus Christ.