



Novena to the Sacred Heart of Jesus

Prayer to the Sacred Heart of Jesus

O most Sacred Heart of Jesus, fountain of every blessing, We adore You, we love You and with a true sorrow for my sins, we offer You this poor heart of mine. Make us humble, patient, pure and wholly obedient to Your will. Grant good Jesus that we may live in You and for You. Protect us in the midst of danger, comfort us in my afflictions, give me health of body, assistance in my temporal needs, Your blessing on all that we do, and the grace of a holy death. Amen.

Litany of the Most Sacred Heart of Jesus

Lord, have mercy on us.
Christ, have mercy on us.
Lord, have mercy on us. Christ, hear us.
Christ, graciously hear us.

God the Father of Heaven, have mercy on us.
(Repeat have mercy on us. after each line)
God the Son, Redeemer of the world,
God the Holy Spirit,
Holy Trinity, one God,
Heart of Jesus, Son of the Eternal Father,
Heart of Jesus, formed by the Holy Spirit in the Virgin Mother's womb,
Heart of Jesus, substantially united to the Word of God,
Heart of Jesus, of infinite majesty,
Heart of Jesus, holy temple of God,
Heart of Jesus, tabernacle of the Most High,
Heart of Jesus, house of God and gate of heaven,
Heart of Jesus, glowing furnace of charity,
Heart of Jesus, vessel of justice and love,
Heart of Jesus, full of goodness and love,
Heart of Jesus, abyss of all virtues,
Heart of Jesus, most worthy of all praise,
Heart of Jesus, King and center of all hearts,
Heart of Jesus, in whom are all the treasures of wisdom and knowledge,
Heart of Jesus, in whom dwells all the fullness of the Godhead,
Heart of Jesus, in whom the Father was well pleased,
Heart of Jesus, of whose fullness we have all received,
Heart of Jesus, desire of the everlasting hills,
Heart of Jesus, patient and rich in mercy,
Heart of Jesus, rich unto all who call upon You,
Heart of Jesus, fountain of life and holiness,

Heart of Jesus, propitiation for our offenses,
Heart of Jesus, overwhelmed with reproaches,
Heart of Jesus, bruised for our iniquities,
Heart of Jesus, obedient even unto death,
Heart of Jesus, pierced with a lance,
Heart of Jesus, source of all consolation,
Heart of Jesus, our life and resurrection,
Heart of Jesus, our peace and reconciliation,
Heart of Jesus, victim for our sins,
Heart of Jesus, salvation of those who hope in You,
Heart of Jesus, hope of those who die in You,
Heart of Jesus, delight of all saints,

Lamb of God, who takest away the sins of the world, spare us, O Lord.
Lamb of God, who takest away the sins of the world, graciously hear us, O Lord.
Lamb of God, who takest away the sins of the world, have mercy on us.

V. Jesus, meek and humble of Heart,
R. Make our hearts like unto Thine.

Let us pray. Almighty and eternal God, look upon the Heart of Thy most beloved Son and upon the praises and satisfaction which He offers Thee in the name of sinners; and to those who implore Thy mercy, in Thy great goodness, grant forgiveness in the name of the same Jesus Christ, Thy Son, who livest and reignest with Thee forever and ever. Amen.

Act of Reparation to the Sacred Heart of Jesus

O sweet Jesus, Whose overflowing charity for me is requited by so much forgetfulness, negligence and contempt, behold us prostrate before Your altar (in Your presence) eager to repair by a special act of homage the cruel indifference and injuries, to which Your loving Heart is everywhere subject.

Mindful alas! that we ourselves have had a share in such great indignities, which we now deplore from the depths of our hearts, we humbly ask Your pardon and declare our readiness to atone by voluntary expiation not only for our own personal offenses, but also for the sins of those, who, straying far from the path of salvation, refuse in their obstinate infidelity to follow You, their Shepherd and Leader, or, renouncing the vows of their baptism, have cast off the sweet yoke of Your Law.

We are now resolved to expiate each and every deplorable outrage committed against You; we are determined to make amends for the manifold offenses against Christian modesty in unbecoming dress and behavior, for all the foul seductions laid to ensnare the feet of the innocent, for the frequent violations of Sundays and holidays, and the shocking blasphemies uttered against You and Your Saints.

We wish also to make amends for the insults to which Your Vicar on earth and Your priest are subjected, for the profanation, by conscious neglect or terrible acts of sacrilege, of the very Sacrament of Your Divine Love; and lastly for the public crimes of nations who resist the rights and teaching authority of the Church which You have founded.

Would, O divine Jesus, we were able to wash away such abominations with our blood. We now offer, in reparation for these violations of Your divine honor, the satisfaction You once made to Your eternal Father on the cross and which You continue to renew daily on our altars; we offer it in union with the acts of atonement of Your Virgin Mother and all the Saints and of the pious faithful on earth; and we sincerely promise to make recompense, as far as we can with the help

of Your grace, for all neglect of Your great love and for the sins we and others have committed in the past.

Henceforth we will live a life of unwavering faith, of purity of conduct, of perfect observance of the precepts of the gospel and especially that of charity. We promise to the best of our power to prevent others from offending You and to bring as many as possible to follow You.

O loving Jesus, through the intercession of the Blessed Virgin Mary, our model in reparation, deign to receive the voluntary offering we make of this act of expiation; and by the crowning gift of perseverance keep us faithful unto death in our duty and the allegiance we owe to You, so that we may one day come to that happy home, where You with the Father and the Holy Spirit lives and reigns, God, world without end. Amen.

Memorare to the Sacred Heart of Jesus

Remember, O most kind Jesus, that none who have had recourse to Your Sacred Heart, implored its assistance, or called for mercy, have ever been abandoned.

Filled, and animated by this same confidence, O divine Heart, Ruler of all hearts, I fly to You, and oppressed beneath the weight of my sins, I prostrate myself before You.

Despise not Your unworthy child, but grant me, I pray, an entrance into Your Sacred Heart. Sustain me in all my combats and be with me now, and at all times, but especially in the hour of my death. O gracious Jesus! O amiable Jesus! O loving Jesus! Amen

Act of Adoration to the Sacred Heart of Jesus

1. The Word was made Flesh, and dwelt amongst us.

Eternal Word, made man for love of us, humbly prostrate at Thy feet, we adore Thee with our whole mind, and with the most profound veneration. To make amends for our ingratitude for so great a benefit, we unite in sincerity of heart with all those who love Thee, and offer Thee, our most humble and affectionate thanksgivings.

Deeply conscious of that excess of humility, goodness, and sweetness, which we acknowledge in the Divine Heart, we petition Thee for Thy grace to imitate these virtues, so pleasing to Thee.

Our Father...

Hail Mary...

Glory be to the Father...

2. He was crucified also for us, suffered under Pontius Pilate and was buried.

Jesus, our admirable Redeemer, humbly prostrate at Thy feet, we adore Thee with our whole mind, and with the most profound veneration. To testify the grief which we feel for our past insensibility to all the outrages and sufferings which Thy most loving Heart made Thee endure for our salvation, on Thy bitter Passion and death, we unite in sincerity of heart with all those who love Thee, in order that we may thank Thee with our whole soul.

We admire the infinite patience and generosity of Thy Divine Heart, and petition Thee to replenish our hearts with that spirit of ~~christian~~ mortification which will make us embrace sufferings courageously and fix our great consolation and all our glory in Thy cross.

Our Father...

Hail Mary...

Glory be to the Father...

3. Thou hast given them bread from heaven, which abounds with all delights.

O Jesus, burning with love for us, humbly prostrate at Thy feet, we adore Thee with our whole mind, and with the most profound veneration. In order to make atonement for the outrages which Thy Divine Heart daily receives in the Most Blessed Sacrament of the Altar, we unite in sincerity of heart with all those who love Thee, and render Thee the most affectionate thanksgiving. We love, in Thy Divine Heart, that intensely burning love which Thou ~~entertainest~~ for Thine Eternal Father, and humbly beseech Thee to inflame our hearts with an ardent love of Thee and of our neighbor.

Our Father...

Hail Mary...

Glory be to the Father...

Finally, O most amiable Jesus, we beseech Thee, by the sweetness of Thy Most Sacred Heart, to convert the sinners, to comfort the afflicted, to assist the agonizing, and to afford relief to the holy souls suffering in purgatory.

Unite our hearts in the bonds of true peace and charity, deliver us from an ~~unforeseen~~ death, and grant that we may die in holiness and ~~tranquility~~ of mind.

Amen.

V. Heart of Jesus, burning with love of us,

R. Inflame our hearts with love of Thee.

Let Us Pray. - Grant, we beseech Thee, Almighty God, that we who glory in the Most Sacred Heart of Thy beloved Son, and bear in mind the exceedingly great benefits of His charity towards us, may delight in the good conferred on us, and enjoy its effects, through the same Christ our Lord.

Amen.

O Divine Heart of Jesus, I adore Thee with all the powers of my soul; I consecrate them to Thee for ever, with all my thoughts, words, and actions, and my whole self. I desire to adore Thee, to love Thee, and to glorify Thee, in the same manner, as far as possible, as Thou ~~doest~~ adore love and glorify Thy Eternal ~~Fahter~~. Be Thou, I beseech Thee, the Restorer of my weakness, and the Protector of my life, my refuge, and my asylum at the hour of my death. I conjure Thee, by the sighs and anguish in which Thou wert immersed for me during the whole course of Thy mortal life, to grant me a true contrition for my sins, a contempt of earthly things, an ardent desire of eternal glory, confidence in Thine infinite merits, and final perseverance in Thy grace.

O Heart of Jesus, all love, I offer Thee these humble prayers for myself, and for all those who unite in spirit with me in adoring Thee. Vouchsafe, through Thine infinite goodness, to receive and hear them; above all, for him who among us shall first depart from this mortal life. O amiable Heart of my Saviour, pour down upon him, in the agony of death, Thine interior consolations; receive him into Thy sacred Wounds; purify him from every defilement in this furnace of love, that Thou mayest grant him admittance into Thy glory, where he may become intercessor, before Thy presence, for all those who remain in this exile.

O Most Holy Heart of my dearly beloved Jesus, I desire to renew and to offer Thee these acts of adoration, and these prayers, every moment I breathe, to the end of my life, for myself, a miserable sinner, and for all who are associated with me to adore Thee. I recommend to Thee, O my Jesus, the holy Catholic Church, Thy beloved spouse and our true mother; also, the souls who are undergoing Thy justice and all poor sinners, the afflicted, the agonising, and all mankind. Do not permit Thy Blood, poured out for them, to become useless to them. Vouchsafe, finally, to apply it for the relief of the souls in purgatory, and for those in particular who, during life, were wont devoutly to adore Thee.

O most amiable Heart of Mary, the most pure of all hearts of creatures, and the most replete with the love of the Heart of Jesus, at the same time most merciful towards us, poor sinners, obtain for us, from the Heart of our Redeemer, the graces we ask of thee. Mother of mercy, one look from thee, one movement of Thy Heart, burning with love for that of Jesus, thy divine Son, can fully console us. Grant us, therefore, this favour; and then this divine Heart of Jesus, through the filial love which it bore, and always will bear towards thee, shall not fail to hear and answer our request.

Prayer in Trust of the Sacred Heart of Jesus

Jesus, I believe in Your personal love for one so sinful and worthless as I am

(Repeat after each of the following: Heart of Jesus, I put my trust in You.)

I believe that Your love for me is from all eternity and that it is as tender as a mother's love.

I believe that You have lovingly and wisely planned everything that shall ever happen to me.

I will never seek pleasure forbidden by You and will never lose heart in my efforts to be good.

I will accept the crosses of life as I accept its joys, with a grateful heart, and I will always pray, "Your holy will be done in all things."

I will not be worried or anxious about anything, for I know You will take care of me.

However weak or sinful I may be, I will never doubt Your mercy.

In all my temptations...

In all my weakness...

In all my sorrows...

In every discouragement...

In all my undertakings...

In all my undertakings...

In life and in death...

Heart of love, I put all my trust in you; for I fear all things from my own weakness, but I hope for all things from Your goodness.

Act of Consecration to the Sacred Heart

O Sacred Heart of Jesus, to Thee I consecrate and offer up my person and my life, my actions, trials, and sufferings, that my entire being may henceforth only be employed in loving, honoring and glorifying Thee. This is my irrevocable will, to belong entirely to Thee, and to do all for Thy love, renouncing with my whole heart all that can displease Thee.

I take Thee, O Sacred Heart, for the sole object of my love, the protection of my life, the pledge of my salvation, the remedy of my frailty and inconstancy, the reparation for all the defects of my life, and my secure refuge at the hour of my death. Be Thou, O Most Merciful Heart, my justification before God Thy Father, and screen me from His anger which I have so justly merited. I fear all from my own weakness and malice, but placing my entire confidence in Thee, O Heart of Love, I hope all from Thine infinite Goodness.

Annihilate in me all that can displease or resist Thee. Imprint Thy pure love so deeply in my heart that I may never forget Thee or be separated from Thee.
I beseech Thee, through Thine infinite Goodness, grant that my name be engraved upon Thy Heart, for in this I place all my happiness and all my glory, to live and to die as one of Thy devoted servants.

Amen.

In the name of the Father, the Son and the Holy Ghost. AMEN

Background on the Devotion to the Sacred Heart

Christ appeared to Saint Mary Margaret Alacoque, a nun of the Order of the Visitation, that he wished the devotion and feast of His Sacred Heart should be established and propagated in the Church. in order that devout souls should by their adoration and prayer make reparation for the injuries His heart constantly receives from ungrateful men when He is exposed in the Sacrament upon the Altar.

It is also related in the life of Saint Mary Margaret Alacoque, written by Monseigneur Languet, Bishop of Sens, that while this devout virgin was one day praying before the Most Holy Sacrament, Jesus Christ showed her His Heart surrounded by thorns, with a cross on the top and in a throne of flames; and then He said thus to her: "*Behold the heart that has so much loved men, and has spared nothing for love of them, even to consuming itself to give them pledges of its love, but which receives from the majority of men no other recompense but ingratitude, and insults towards the Sacrament of love; and what grieves Me most is, that these hearts are consecrated to Me.*" And then He desired her to use her utmost endeavors in order that a particular feast should be celebrated in honor of His Divine Heart on the first Friday after the Octave of Corpus Christi. And this for three reasons:

1. In order that the faithful should return thanks to Him, for the great gift which He has left them in the adorable Eucharist;
2. In order that loving souls should make amends by their prayers and pious affections for the irreverences and insults which He has received and still receives from sinners in this Most Holy Sacrament;
3. In order that they might make up also for the honor which He does not receive in so many churches where He is so little adored and revered. And He promised that He would make the riches of His Sacred Heart abound towards those who should render Him this honor, both on the day of this feast, and on every other day when they should visit Him in the Most Holy Sacrament.

This devotion to the Sacred Heart of Jesus Christ is nothing more than an exercise of love towards Christ. But as to the principal object of this devotion, the spiritual object is the love with which the Heart of Jesus Christ is inflamed towards men, because love is generally attributed to the heart, as we read in many places of Scripture:

"My son, give Me thy heart. [Prov. xxiii. 26]

My heart and my flesh have rejoiced in the living God. [Ps. lxxxiii. 3]

The God of my heart, and the God that is my portion forever. [Ps. lxxii. 26]

The charity of God is poured forth in our hearts by the Holy Ghost Who is given to us. [Rom. v. 5]